

ABSTRACT

Wulandari, Elfitra Dwi. 2025. The Relationship Between Parental Stress Levels and Emotional Development in Preschool Children at TK Dharma Wanita Persatuan 1 Kepuharjo. Undergraduate Thesis. Applied Midwifery Study Program, Poltekkes Kemenkes Malang. Supervisor: Dr. Tri Johan A.Y, S.Kp., M.Kep.

Emotional development in preschool-aged children is a crucial aspect of their growth and can be influenced by various factors, one of which is the level of stress experienced by their parents. This study aims to examine the relationship between parental stress levels and the emotional development of preschool children at TK Dharma Wanita Persatuan 1 Kepuharjo. The study employed a quantitative method with a correlational analytic design and a cross-sectional approach. The instruments used were the Perceived Stress Scale (PSS) to assess parental stress and the Emotional Behavioral Problems Questionnaire (KMPE) to evaluate children's emotional development. The analysis using the Spearman Rank test revealed a significant relationship between parental stress levels and emotional development in preschool children, with a correlation coefficient of 0.544 and a p-value < 0.001. The results indicate a moderately strong positive relationship, meaning that higher levels of parental stress are associated with an increased likelihood of emotional developmental problems in children. This research is expected to serve as a reference for healthcare professionals and parents in promoting and preventing emotional developmental issues in children through better management of parental stress.

Keywords: parental stress, emotional development, preschool children, PSS, KMPE