

**THE EFFECT OF *PERIOPERATIVE* EDUCATIONAL VIDEOS ON *SELF EFFICACY* AND FAMILY SUPPORT IN EARLY MOBILIZATION OF POST LAPAROTOMY PATIENTS AT RSUD KARSA HUSADA BATU**

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***ABSTRACT***

Post-laparotomy patients experience barriers to early mobilization due to pain and inadequate family support. A lack of knowledge, low patient self-efficacy, and limited understanding of the supportive role in recovery are the main inhibiting factors. This situation requires effective education using *Perioperative* videos; however, such media have not been optimally utilized at RSUD Karsa Husada Batu. This study aims to determine the effect of *Perioperative* educational videos on self-efficacy and family support in improving early mobilization ability in post-laparotomy patients. The research employed a quasi-experimental design with a one-group pre-test and post-test approach. The sample consisted of 48 respondents selected through simple random sampling. Data were collected using questionnaires and observation sheets, then analyzed using the Wilcoxon test and multiple correlation tests. The results showed a significant increase in self-efficacy, family support, and early mobilization ability after the administration of *Perioperative* educational videos, with a p-value of 0.001 ( $p < 0.05$ ). Based on these findings, the researchers recommend using educational videos as a tool to provide accurate and clear information about the surgical process and postoperative care. In conclusion, *Perioperative* educational videos are effective in enhancing self-efficacy and family support, which positively impact the improvement of early mobilization in post-laparotomy patients. This can serve as an alternative educational medium in *Perioperative* nursing care.

**Keywords:** educational video, self-efficacy, family support, early mobilization, laparotomy.