

THE EFFECT OF GIVING EDUCATION BASED ON BETTY NEUMAN'S THEORY ON PATIENT READINESS IN FACING SURGERY AT THE KARASA HUSADA HOSPITAL BATU

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ABSTRACT

Background : Every client who handles surgery often experiences excessive fear and anxiety that can affect the patient's readiness before surgery. Efforts that can prepare the readiness of patients who will undergo surgery can be done through providing education about surgical procedures. **Objective :** To determine the effect of providing education based on Betty Neuman's theory on patient readiness in facing at Karsa Husada Batu Regional Hospital. **Methods :** The experimental research design used Quasy Experiment Design with Equivalent Group approach in two groups (two group pre-test and post-test design). The researcher used Probability Sampling technique with Simple Random Sampling with a sample of 112 respondents. **Results :** The results of the analysis test to determine the difference in patient readiness to face surgery in the control group and the intervention group showed a p value for administrative, physical, and mental readiness of 0.001, where the p value was smaller than $\alpha = 0.05$, which means that there was a difference in patient readiness to face surgery between the intervention groups after being given education based on Betty Neuman's theory. **Conclusion :** There are differences in the readiness of patients who have been given education based on Betty Neuman's theory about patient readiness for facial surgery.

Keywords : Education, Betty Neuman Theory, Patient Readiness, Preoperative.