

REFERENCES

- Ayuk Putri Utami, N., Dwi Sulisetyawati, S., & Setia Adi, G. (nd). *RELATIONSHIP BETWEEN KNOWLEDGE ABOUT THE DASH DIET (DIETARY APPROACH TO STOP HYPERTENSION) AND HYPERTENSION LEVELS AT POSBINDU SEROJA BEKONANG, MOJOLABAN DISTRICT*.
- Burch, J. (2010). Caring for peristomal skin: What every nurse should know. *British Journal of Nursing*, 19 (3), 166–172.
<https://doi.org/10.12968/bjon.2010.19.3.46538>
- Effendi. (2017). *RESEARCH VARIABLES*. 05.
- Hartati, S., Ailannur Siregar, S., Chemistry Education Study, P., & Tarbiyah and Teacher Training, F. (2024). JOURNAL OF CHEMISTRY EDUCATION AND INTEGRATION UTILIZATION OF LEARNING VIDEOS IN CHEMISTRY LEARNING TO IMPROVE UNDERSTANDING OF CHEMISTRY CONCEPTS. *JCEI*, 3 (2), 111–119.
<https://doi.org/10.24014/jcei.v3i2.32351>
- Ministry of Health of the Republic of Indonesia (2024). (2024). *GUIDELINES FOR HYPERTENSION CONTROL IN FIRST LEVEL HEALTHCARE FACILITIES 2024*.
- Kusmiati, L., & Mardiana, N. (nd). *FACTORS ASSOCIATED WITH THE INCIDENCE OF HYPERTENSION IN THE ELDERLY*.
<http://jurnal.globalhealthsciencegroup.com/index.php/JPPP>
- Moh. Roni Alfaqih. (2021). *THE EFFECT OF AVOCADO LEAF BREWING ON REDUCING BLOOD PRESSURE IN ELDERLY HYPETENSIVES IN PRAMBATAN VILLAGE, BALEN DISTRICT, BOJONEGORO REGENCY*.
- Murwani, A., Amry, RY, Sari, F., & Julia K, J. (2024). Health education about Covid-19 vaccine against knowledge Attitudes and behavior in the elderly. *Health Sciences and Pharmacy Journal*, 8 (1), 46–55.
<https://doi.org/10.32504/hspj.v8i1.1028>
- Nopriani, Y., Wiryansyah, OA, Apriani, S., Program, S., S1, K., Stikes, M., Adiguna, P., Komplek, KP, & Blok, J. (2024). THE EFFECT OF EDUCATION ABOUT THE DASH DIET ON HYPERTENSION DANGER AWARENESS SCORES. In *Jurnal health and development* (Vol. 14, Issue 27).
- Notoatmodjo, KD, Seftiana, T., & Muhammadiyah Cirebon College of Health Sciences, S. (2021). ELDERLY KNOWLEDGE ABOUT HYPERTENSION IS RELATED TO THE INCIDENCE OF HYPERTENSION. In *Journal Midwifery Malahayati* (Vol. 7, Issue 4).
<http://ejournalmalahayati.ac.id/index.php/kebidanan>

- Purwono , J., Sari, R., Ratnasari , A., Budianto , A., Dharma Wacana Metro, AK, Muhammdiyah , U., & Lampung, P. (2020). SALT CONSUMPTION PATTERN WITH HYPERTENSION IN THE ELDERLY. *Journal Health Discourse* , 5 (1).
- Putri, RA, Supriyadi, S., Alma, LR, & Nurrochmah , S. (2017). The Effect of the DASH (Dietary Approaches to Stop Hypertension) Educational Video To Knowledge Patient Hypertension in Community Health Center Klecorejo Regency Madiun . *Sport Science and Health* , 6 (4), 392–401.
<https://doi.org/10.17977/um062v6i42024p392-401>
- Rahman, A., Supriyadi, S., Alma, LR, & Nurrochmah , S. (2024). The Effect of the DASH (Dietary Approaches to Stop Hypertension) Educational Video To Knowledge Patient Hypertension in Community Health Center Klecorejo Regency Madiun . *Sport Science and Health* , 6 (4), 392–401.
<https://doi.org/10.17977/um062v6i42024p392-401>
- Rosmawati , E., Aqmarina , N., & Sulistyawati , S. (2024). Epidemiology Disease Hypertension in Community Health Center Umbulharjo I Yogyakarta City 2017-2020 . *Journal Bhakti Husada Health Sciences Journal* , 15 (01), 10–18. <https://doi.org/10.34305/jikbh.v15i01.884>
- Ruli Fatmawati , B., Suprayitna , M., Prihatin , K., Hajri, Z., & STIKes Yarsi Mataram , K. (2022). *CONQUER HYPERTENSION PREVENTIVELY WITH THE DASH DIET* . 2 (2), 193–199.
- Sani, AR, & Agestika , L. (2021). Effectiveness of Dietary Education . . . The Effectiveness of Diet Education Dietary Approaches to Stop Hypertension with Audiovisuals on Knowledge and Attitude Sufferer Hypertension The Effectiveness of Nutrition Education about Dietary Approaches to Stop Hypertension through Audiovisual on Knowledge and Attitudes of Hypertension Patients. *Journal of Nutrition Research* , 10 (1), 2022.
- Silvianah , A., Science Studies Nursing , P., & Dian Husada Mojokerto College of Health Sciences , S. (2024). *RELATIONSHIP BETWEEN COMPLIANCE IN TAKING HYPERTENSION MEDICATION AND CHANGES IN BLOOD PRESSURE IN THE ELDERLY AT THE ELDERLY POSYANDU* .
- Siprianus AbduSTIK Stella Maris. (2013). *ANALYSIS OF HYPERTENSION CLIENTS' KNOWLEDGE WITH HYPERTENSION COMPLICATION PREVENTION BEHAVIOR* .
- Sulaiman, S. (2024). Health Education Using Booklet Media Against Attitudes and Behavior in Prevention Tuberculosis . *MAHESA: Malahayati Health Student Journal* , 4 (6), 2472–2480.
<https://doi.org/10.33024/mahesa.v4i6.14674>
- Syapitri , H., Amila, & Aritonang, J. (2021) . *Methodology Textbook Health Research* (AH Nadana, Ed.; 1st ed.). EXPERT PRESS. www.ahlimediapress.com

Tatang M.Amirin . (1999). RESEARCH *VARIABLES AND CONSTANTS* : *CONCEPT CLARIFICATION* .

Umah, IA, & Rosyid , FN (2024). Knowledge level with style life in patients hypertension . *Holistic Journal of Health* , 18 (6), 734–740.
<https://doi.org/10.33024/hjk.v18i6.313>