

## ABSTRACT

### **Differences in Attitudes About Snacks Before and After Providing Health Education Using Audiovisual and Wordwall Methodes to School-Age Children**

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Snacks are an inseparable part of the lives of school children, but not all snacks consumed are considered healthy. Lack of student knowledge about healthy snacks and the dangers of unhealthy snacks in elementary school students, which have the potential to cause short-term and long-term health problems such as digestive disorders, poisoning, and the risk of degenerative diseases. The purpose of this study was to analyze the Differences in Attitudes About Snacks Before and After Providing Health Education With Audiovisual and Wordwall Methods in School-Age Children at MI Khodijah Malang in March 2025. The research design used a quantitative method with a pre-experimental one group design pre-test and post-test. The sample in this study was 42 with a sampling technique of purposive sampling. The statistical test used was the Wilcoxon test. The results of this study obtained attitudes about snacks of grade 6 MI Khodijah students before being given the intervention had a negative attitude of 16 respondents or 38.1%. After being given the intervention, the students' attitudes about snacks were all (100%) positive. The results of the Wilcoxon statistical test showed differences in attitudes towards snacks before and after health education with audiovisual and wordwall methods in grade 6 students of MI Khodijah with a value of ( $p = 0.000$ ). Therefore, the researcher suggested to the UKS team and local health centers to use audiovisual and wordwall methods in providing health education about snacks to school-age children.

*Kata Kunci: Health Education, Attitude, Snacks, Audiovisual, Wordwall*