

APPROVAL PAGE
THESIS

“Differences In Sleep Quality Of The Elderly Before and After Elderly Fitness Exercises at Elderly Posyandu RW 10 Madyopuro Village Malang City”

By :
Ismi Malikka Isnaini
P17211217139

Has been defended in advance of the examiners,

On the date of:
June 24th 2025

PANEL OF EXAMINERS

Chairman,

Imam Subekti, S.Kp., M.Kep., Sp.Kom

NIP. 196512051989121001

(.....)

Member 1,

Dr. Arief Bachtiar, S.Kep., Ns., M.Kep

NIP. 197407281998031002

(.....)

Member 2,

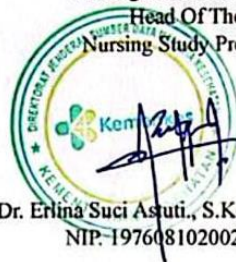
Joko Wiyono, S.Kp., M.Kep., Sp.Kom

NIP. 196909021992031002

(.....)

Malang, July 8th 2025

Head Of The
Nursing Study Program



Dr. Erlina Suci Astuti., S.Kep., Ns., M.Kep
NIP. 197608102002122001