

The Relationship Between Family Support and Quality of Life Among Patients with Chronic Diseases at Cisadea Public Health Center, Malang City

Annisya Alfanny Nurmuza

Malang Applied Nursing Undergraduate Study Program, Department of Nursing,
Poltekkes Kemenkes Malang

Email: annisyaalfanny@gmail.com

ABSTRACT

Background : Chronic diseases are a major global health issue that significantly affect the quality of life of those who suffer from them. The decline in quality of life is often caused by limitations in physical activity, psychological burden, and long-term medical complications. Family support plays a crucial role in helping patients manage these conditions and maintain their well-being. ***Research Objective*** : This study aims to examine the relationship between family support and the quality of life among patients with chronic diseases at Cisadea Public Health Center, Malang. ***Research Methods*** : This research used a descriptive analytic method with a cross-sectional approach. The sampling technique applied was total sampling, involving 40 respondents who met the inclusion criteria. The instruments used were the Family Support Scale (FSS) to assess family support and the WHOQOL-BREF to evaluate patients' quality of life. Data analysis was conducted using the Chi-Square correlation test. ***Research Results*** : The results showed that most respondents received high levels of family support and had good quality of life. Statistical analysis revealed a significant relationship between family support and quality of life 0,036 (p -value < 0.05). ***Conclusion*** : In conclusion, there is a significant correlation between family support and the quality of life of patients with chronic diseases. Therefore, active involvement of families is essential in the care and support of patients to improve their overall well-being.

Keywords: Family Support, Quality of Life , Chronic Disease