

**POSTURAL DRAINAGE PHYSIOTHERAPY ON CHILD PATIENT WITH
BRONCHOPNEUMONIA DIAGNOSIS ON INEFFECTIVE AIRWAY
CLEARANCE PROBLEMS AT EMPU ROOM KANJURUHAN HOSPITAL**

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ABSTRACT

Background: Children with bronchopneumonia often experience shortness of breath due to accumulation of secretions in the bronchi which if not treated will cause ineffective airway clearance. **Objective:** To know the success of providing postural drainage physiotherapy in pediatric patients diagnosed with bronchopneumonia for ineffective airway clearance problems.. **Method:** Qualitative descriptive research in the form of a single case study on one patient aged 4 years with a medical diagnosis of bronchopneumonia in the Empu Room of Kanjuruhan Hospital. Data collection through interviews, observations, and physical examinations. **Results:** Nursing care with the provision of postural drainage physiotherapy carried out from 18-20 February 2025 showed that the criteria for improved airway clearance results were proven by an increase in effective coughing, decreased sputum production, decreased additional breath sounds, decreased dyspnea, improved breathing frequency, and improved breathing patterns. **Conclusion:** The provision of postural drainage physiotherapy in pediatric patients diagnosed with bronchopneumonia has been shown to have an effect on the problem of ineffective airway clearance being resolved. It is expected that the role of nursing staff will apply postural drainage physiotherapy to overcome the problem of ineffective airway clearance in bronchopneumonia patients.

Keywords: *Postural Drainage Physiotherapy, Bronchopneumonia, Ineffective Airway Clearance.*