

APPLICATION OF EFFLEURAGE MASSAGE WITH OLIVE OIL ON THE RISK OF PRESSURE ULCERS IN PATIENTS WITH CEREBROVASCULAR ACCIDENTS ON BED REST IN THE ICU OF DR. SAIFUL ANWAR MALANG HOSPITAL

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ABSTRACT

Cerebrovascular Accident (CVA) is a neurological condition that causes patients to experience bed rest, where they cannot move actively due to certain physical or medical disorders. This bed rest condition significantly increases the risk of pressure ulcers, which is one of the serious and frequently encountered complications, especially in patients in the Intensive Care Unit (ICU), so that a nursing diagnosis of pressure ulcer risk arises. Providing nursing care by applying effleurage massage using olive oil to the risk of pressure ulcers in cerebrovascular accident patients with bed rest in the ICU of Dr. Saiful Anwar Malang Hospital. Descriptive research with a case study approach method. Based on the results of the case study, the main nursing problem was the Risk of Pressure Ulcers with the application of effleurage massage using olive oil. Implementation was carried out for 4 days and the evaluation results showed that effleurage massage with olive oil can significantly reduce the risk of pressure ulcers in CVA patients with bed rest. The application of effleurage massage with olive oil is one of the effective interventions for the risk of pressure ulcers in Cerebrovascular Accident patients with bed rest.

Keywords: bed rest, pressure ulcers, Intensive Care Unit, massagee ffleurage, olive oil