

ABSTRACT

Dewi, Natalia Debiyanti Cynthia. 2025. *The Relationship Between Self-Perception and Adolescents' Attitudes Toward Premarital Sex at SMAN 6 Malang. Undergraduate Thesis, Applied Bachelor of Midwifery Program, Poltekkes Kemenkes Malang. Main Advisor: Rita Yulifah, S.Kp., M.Kes.*

Adolescence is a crucial developmental phase in shaping identity, including attitudes towards sexuality. According to data from the East Java National Population and Family Planning Board (BKKBN) (2022), there were 15,212 applications for marriage dispensation, of which 80% were due to premarital pregnancy. The problem of premarital sex among adolescents is increasingly worrying, including in Malang City. According to data from the East Java BKKBN (2023), 12.5% of adolescents in this city admitted to having engaged in premarital sex, an increase from 10.3% the previous year. This study aims to determine the relationship between self-perception and adolescent attitudes about premarital sex at SMAN 6 Malang. This study used a quantitative method with a cross-sectional approach. The sample consisted of 288 students selected using a simple random sampling technique. The data collection instrument was a closed questionnaire that had been tested for validity and reliability. The results showed that the majority of adolescents had self-perceptions that did not support premarital sex, namely 187 students (64.9%), while those who had perceptions that supported premarital sex were 101 students (35.01%). Meanwhile, the majority of adolescents (181 students (62.8%)) also expressed a non-supportive attitude toward premarital sex, while 107 students (37.2%) expressed a supportive attitude. Spearman's test results showed a significant, positive correlation between adolescents' self-perception and attitudes toward premarital sex, with a correlation coefficient of $r = 0.426$ and $p = 0.002$. This value indicates a moderate correlation between the two variables. This means that the stronger an adolescent's self-perception of not supporting premarital sex, the greater their tendency to hold a similarly non-supportive attitude toward the behavior. This study concludes that self-perception plays a significant role in shaping adolescents' attitudes toward premarital sex. Therefore, efforts are needed to strengthen self-perception through comprehensive, values-based, and dialogical reproductive health education, both in schools and families, to foster responsible attitudes toward sexual issues in adolescents.

Keywords: self-perception, attitude, premarital sex, adolescent

