

ABSTRACT

Fadhlullah, Dhiya Ulhaq. 2025. Management of Midwifery Care for Pregnancy with Preeclampsia in Third Trimester Pregnant Women at TPMB Evi Dwi Wulandari, S.Tr. Keb., Mulyorejo – Malang City. Final Project, Diploma III Midwifery Study Program, Poltekkes Kemenkes Malang. Supervisor: Gita Kostania, S.ST., M.Kes.

Preeclampsia remains one of the leading causes of maternal death in Indonesia, accounting for 24.7% of cases related to hypertensive disorders in pregnancy. In Malang City, hypertensive complications are a major contributor to maternal mortality, with a prevalence of 8–10% among pregnant women. Data from the Health Office show a yearly increase in preeclampsia cases, with Mulyorejo Primary Health Center as one of the highest contributors. During March–April 2025, there were 6–8 preeclampsia cases out of 287 antenatal care visits at TPMB Evi Dwi Wulandari. This study aimed to describe the midwifery care management of third-trimester pregnant women with preeclampsia at this practice. A descriptive qualitative method with a case study approach was used on two subjects, Mrs. W and Mrs. S, both diagnosed with preeclampsia without severe symptoms. Data were collected through interviews, observations, and documentation, then analyzed thematically. Results showed that the management of Mrs. S was mostly in line with midwifery care standards, including regular blood pressure monitoring, proteinuria examination, antihypertensive therapy, education, and timely referral. In contrast, Mrs. W's management was not fully in accordance with the standards; blood pressure monitoring was not routinely performed, no pharmacological therapy was given, and education was limited. These differences highlight the need for consistent application of midwifery care standards by independent midwives, even in mild cases of preeclampsia. Midwives are expected to improve vigilance through routine monitoring, comprehensive education, complete documentation, and timely referral to prevent complications.

Keywords: Preeclampsia, Midwifery Care, Management, Third Trimester, Case Study