

**FACTORS RELATED TO ELDERLY VISITS IN POSYANDU  
ACTIVITIES IN RW 06 IN JATI VILLAGE, PROBOLINGGO  
CITY**

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**ABSTRACT**

**Backgrounds** : Elderly Posyandu is one of the community-based health service efforts that aims to improve the quality of life of the elderly. However, the participation of the elderly in Posyandu activities in RW 06, Jati Village, Probolinggo City is still low, which is only 42.5%. **Objective** : This study aims to analyze the factors that influence elderly visits to Posyandu, including knowledge, attitudes, distance to Posyandu, and family support. **Methods** : This type of research is quantitative with a cross-sectional design. The population in the study were all elderly in RW 06, Jati Village, totaling 40 people and used as the total sample. Data collection was carried out using a questionnaire that had been tested for validity and reliability. Data analysis was carried out univariately and bivariately using the chi-square test. **Results** : The results of the statistical test showed that there was a significant relationship between knowledge ( $p = 0.004$ ), attitude ( $p = 0.001$ ), and distance to Posyandu ( $p = 0.011$ ) and elderly visits to Posyandu. However, there was no significant relationship between family support and elderly visits ( $p = 0.168$ ). **Conclusion** : Factors that influence elderly visits to Posyandu RW 06 are knowledge, attitude, and distance. Efforts to increase elderly visits need to be focused on improving education, forming positive attitudes, and ease of access to Posyandu. **Suggestion**: This research is expected to be the basis for developing more effective health promotion strategies, especially in increasing elderly visits to integrated health posts.

**Kata Kunci** : Elderly visits, elderly posyandu