

THE EFFECT OF LECTURE, DISCUSSION AND  
DEMONSTRATION ON NUTRITION ANTHROPOMETRY ON  
KNOWLEDGE, ATTITUDE AND SKILLS OF POSYANDU  
CADRES IN GUNUNGSARI VILLAGE,  
BUMIAJI DISTRICT, BATU CITY

Siti Olivia Samsiyah

Program Studi D3 Gizi Politeknik Kesehatan Malang

Jl. Besar Ijen No. 77C, Oro-oro Dowo, Kec. Klojen, Kota Malang

Email : [p17110224096\\_samsiyah@poltekkes-malang.ac.id](mailto:p17110224096_samsiyah@poltekkes-malang.ac.id)

***ABSTRACT***

**Background:** Based on data from the 2023 Indonesian Health Survey, the prevalence of underweight in Batu City was 12.8%, which is lower than the average for East Java Province of 13.3%. Meanwhile, the prevalence of overweight in Batu City was recorded at 3.9%, also lower than the provincial average of 4.35%. However, the stunting rate in Batu City reached 23.1%, which is relatively high when compared to the average stunting prevalence in East Java Province of 17.7%. **Research Objective:** To determine the effect of lectures, discussions and demonstrations on nutritional anthropometry on the knowledge, attitudes and skills of Posyandu cadres in Gunungsari Village, Bumiaji District, Batu City. **Research Method:** The type of research used in this Scientific Paper is a Quasi Experimental research. The research was conducted in December 2024. The number of samples was taken from 27 cadres or 60% of the total cadres in Gunungsari Village. **Research Results:** The level of knowledge of cadres is known that 52% of cadres still have a sufficient level of knowledge, the attitude of cadres 74% have a sufficient attitude and 56% of cadres have a sufficient level of skills. The results of the chi-square test obtained  $p = (p > 0.05)$ . **Conclusion:** There is a significant relationship related to the influence of lectures, discussions and demonstrations on nutritional anthropometry on the knowledge, attitudes and skills of integrated health post cadres in Gunungsari Village, Bumiaji District, Batu City.

Keywords: Posyandu, Knowledge, Attitude and Skills, Counseling.