

ABSTRACT

Adelia Supramasti (2025). Midwifery Care for Mrs. I, 26 Years Old, G3 P1001 Ab100, Weight 36-37 Weeks, with Moderate Anemia. Scientific Paper: Case Study. Diploma III Midwifery Study Program, Malang. Health Polytechnic, Ministry of Health, Malang. Supervisor: Ita Yuliani, SST., M.Kes

Anemia in the third trimester is an indirect cause of maternal death in developing countries. This condition poses serious risks, including bleeding during labor and premature birth. The purpose of this study was to manage midwifery care for pregnancies with moderate anemia at the Mintiasih S.Tr.Keb. Poncokusumo Midwifery Center, Malang Regency, with Varney documentation. The method used in this study was a descriptive exploratory case study. The subject of this study was Mrs. I, a pregnant woman in her third trimester with moderate anemia. The care was conducted from June 24, 2025, to July 10, 2025, at the TPMB Mintiasih S.Tr.Keb. Poncokusumo, Malang Regency. Primary data were obtained from interviews, physical examinations, and observations, while secondary data were obtained from literature studies. The study results showed an increase in Hb of 1.7 g/dl, from 8.3 g/dl to 10.0 g/dl. The mother was willing to regularly consume Fe tablets and consume nutrients high in protein, iron, carbohydrates, and vitamin C. It is hoped that this final project can be used as a source of knowledge, especially regarding anemia in the third trimester of pregnancy, and can provide input for further midwifery care.

Keywords: Pregnancy, Third Trimester, Moderate Anemia