

ABSTRACT

Amanda, Zaqwa Kartika Ning,2024. The Relationship Between the Use of Contraceptive Handbooks and the Selection of Postpartum Contraception Methods. Thesis. Undergraduate Program in Applied Midwifery. Health Polytechnic of the Ministry of Health of Malang, Main Advisor : Tavip Dwi W.,S.Kep.,Ns.,M.Kes. Advisor Naimah,SKM., M.Kes.

The comparison of postpartum birth control use in Indonesia with new birth control is still low (40,4%:57,4%). Postpartum birth control is the use of a contraceptive method during the postpartum period, namely up to 40 days after giving birth. Postpartum birth control is one of the most effective family planning programs to suppress fertility or population growth. Providing postpartum family planning education and counseling can use the information contained in the contraceptive handbooks. The aim of this research is to determine The Relationship Between the Use of Contraceptive Handbooks and the Selection of Postpartum Contraception Methods. Correlation Analysis design with a cross sectional approach, population of 31 postpartum mothers, sampling using total sampling technique. The research instrument uses a questionnaire, the result of the analysis with the Chi Square test and fisher exact test. The result obtained were $X^2 = 14.685$, $pvalue = 0.000$ ($pvalue < 0,05$) indicating there was significant relationship between the use of contraceptive handbooks and the selection of postpartum contraception methods. It is necessary to encourage the use of ABPK as an IEC medium by health workers, especially regarding family planning so that they can maximize the use of contraceptive handbooks considering the amount of very useful information in the book for mothers.

Keywords : Contraceptive Handbooks, Postpartum Contraceptive, Postpartum Mothers