

ABSTRACT

Balqis Nur'aini, Salsabila, 2025. *Development of ABPK in the Form of E-booklet As a Decision-Making Aid for Family Planning in Women of Childbearing Age*. Thesis, Applied Bachelor of Midwifery Study Program. Health Polytechnic of the Ministry of Health of Malang. Main Supervisor: Rita Yulifah, S.Kp., M.Kes.

The high chance of pregnancy in women of childbearing age can lead to an explosion in the number of births if not accompanied by good family planning. The family planning program is a government effort to regulate childbearing. Although the participation rate of women of childbearing age in the family planning program is quite high, meeting contraceptive needs and increasing interest remains a challenge. The use of ABPK flipcharts by midwives in counseling is still relatively low. Therefore, an attractive educational media is needed that can be independently accessed by women of childbearing age. This study aims to develop the ABPK flipchart into an e-booklet and test its feasibility. The study used the Research and Development (R&D) method with the ADDIE model applied to the development stage. The study subjects included 22 women of childbearing age in the Independent Practice area of Midwife "S", 2 lecturers as material and media experts, and 1 midwife as an expert. The instruments used were an interview guide, a FGD guide, and a product assessment questionnaire. Data were analyzed using quantitative and qualitative approaches. The validation results showed that the media was in the "very feasible" category with a percentage of assessments from material experts of 93%, media experts of 100%, and small group trials of 87%. Thus, the "SIMANIS" e-booklet is very suitable for use as a tool to assist in family planning decision-making among women of childbearing age.

Keywords: Women of Fertile Age, Family Planning, ABPK, e-booklet, SIMANIS