

## **ABSTRACT**

***Wijayanti, Nurulloh, Oktavia Kartika Murti. 2025. The Effect of Pregnancy Class on Pregnant Women's Knowledge Level about Lactation Preparation in Jabung District Malang Regency. Thesis. Bachelor of Applied Midwifery Program. Health Polytechnic of the Ministry of Health Malang. Advisor: Dr. Heny Astutik, S.Kep., Ns., M.Kes***

*Exclusive breastfeeding coverage that has not reached the target needs to be addressed because breast milk plays an important role in infant health. One of the causes is the lack of optimal lactation preparation during pregnancy, which is often influenced by low maternal knowledge. Pregnant women's class activities are expected to be an educational tool in improving mothers' understanding of lactation preparation. This study aims to determine the effect of pregnant women's classes on the level of knowledge of pregnant women about lactation preparation in Jabung District, Malang Regency. The study used an observational analytic design with a prospective approach, involving 30 pregnant women selected through multistage cluster sampling technique from a total population of 78 pregnant women. The instrument used was a questionnaire on lactation preparation adapted from previous researchers. The results of descriptive analysis showed that pregnant women who actively attended maternity classes all had a good level of knowledge, while the group that was not active in attending maternity classes still found 2 pregnant women (13%) with sufficient knowledge. The mann whitney test results showed a p-value of 0.021 (<0.05). This shows that there is an effect of pregnant women's classes on the level of knowledge of pregnant women about lactation preparation in Jabung District, Malang Regency.*

***Keywords: Pregnant women class, knowledge level, lactation preparation***