

## ABSTRACT

**Rahma, Iin Diantirani. 2025. *Analysis of Factors Causing Delay in Antenatal Care (ANC) Early Visits in Pregnant Women at the K Wagir Midwife Independent Practice in Malang Regency*. Thesis. Health Polytechnic of the Ministry of Health Malang, Main Supervisor: Dr. Susi Milwati, S.Kp., M.Pd, Co-advisor: Naimah, SKM, M.Kes.**

*The first antenatal care visit before 12 weeks of gestation helps detect pregnancy problems early so that complications can be treated immediately. This study aims to analyze environmental factors, social factors (knowledge, age, parity, education, employment status, and attitudes), cultural factors and customs and economic factors that cause delays in the first visit of pregnant women. This type of research is descriptive quantitative with a cross sectional approach. The population consisted of 37 pregnant women who came to check their pregnancy at the age of >12 weeks using the total sampling technique with a sample size of 37 people. Data collection was done through questionnaires and analyzed descriptively and with path analysis statistical tests. The results showed that social factors included good knowledge (43%), age 20-35 years (75.7%), parity 2-5 children (59.5%), junior high school / equivalent education (43%), not working (62.2%), and positive attitudes (54.1%). In environmental factors, 56.8% of mothers had a positive environment. Cultural factors and customs 59.5% of mothers had positive cultural factors and customs. Economic factors were good and sufficient for 43% of mothers. Path analysis showed that the most significant factors influencing the delay in the first ANC visit were environmental factors and cultural factors and customs. While social factors and economic factors did not show a significant influence. Conclusion: delayed first ANC visit is influenced by environmental factors and cultural factors and customs. It is recommended that health workers provide a strengthened pregnancy education program from the beginning of marriage or the first trimester so that mothers know what to do when they first learn about pregnancy.*

**Keywords:** *ANC first visit, pregnant women, causes of delay.*