

ABSTRACT

Orizanty, Aurelia Corrina. 2025. *The Relationship between Regularity of Posyandu Visits and Toddler Nutritional Status at Posyandu Laely in the Bareng Health Center Area of Malang City. Undergraduate Thesis. Applied Bachelor Program in Midwifery, Poltekkes Kemenkes Malang. Supervisor: Dr. Heny Astutik, S.Kep., Ns., M.Kes.*

The nutritional status of toddlers is an important indicator for determining the quality of child health and is a serious concern in Indonesia, including in Malang City. One of the government's efforts to monitor the nutritional status of toddlers is through integrated health posts (Posyandu). The purpose of this study was to determine the relationship between the regularity of visits to Posyandu and the nutritional status of toddlers at Posyandu Laely in the Bareng Community Health Center area of Malang City. This study design was correlational analytic with a retrospective approach. The population was toddlers aged 2–5 years who came to Posyandu with a sample of the entire population of 47 toddlers using a total sampling technique. Data collected included respondent characteristics, toddler attendance at Posyandu, and anthropometry. Nutritional status was assessed based on weight for age (BB/A), height for age (TB/A), and weight for height (BB/TB). Data analysis used the Spearman Rank test. The results showed that the majority of toddlers did not regularly attend Posyandu (53%), were underweight (47%), stunted (51%), and malnourished (55%). The results of statistical test analysis show that the nutritional status of toddlers according to weight/age is $p = 0.012$, height/age is $p = 0.013$, weight/height is $p = 0.048$, with a significance value of 0.05 so it can be concluded that there is a significant relationship between the regularity of visits to the integrated health post (Posyandu) and the nutritional status of toddlers. The more irregular the toddler's visits to the Posyandu, the less likely the nutritional status is. Parents are advised to regularly attend Posyandu to monitor their child's weight and height periodically.

Keywords: Regularity of Visits, Nutritional Status, Toddler, Integrated Service Post