

## ABSTRACT

*Wanda Putri Maharani (2025). Case Study of Midwifery Care for Mrs. S G3 P2002 Ab000 Uk 28 Weeks with Severe Anemia at Ardimulyo Community Health Center. Diploma III Midwifery Study Program Malang, Department of Midwifery, Health Polytechnic, Ministry of Health, Malang. Supervisor: Sri Rahayu, Dipl. Mid., S.Kep.Ners., M.Kes.*

*Severe anemia in pregnancy is a high-risk complication that seriously impacts maternal and fetal health, including hypoxia, postpartum hemorrhage, prematurity, and low birth weight (LBW). This study aimed to implement comprehensive midwifery care using Varney's 7-step approach for pregnant women with severe anemia. The subject was Mrs. S, 21 years old, G3P2002Ab000, with an initial Hb of 6.8 g/dL and a history of early marriage. The methods used included assessment, diagnosis, educational intervention, and pharmacological therapy in the form of iron tablets, as well as non-pharmacological therapy in the form of Ambon banana consumption. Monitoring was conducted over three visits. Results showed an increase in Hb levels to 9.2 g/dL, as well as stable random blood sugar levels. In conclusion, nutritional intervention, ongoing education, and family support were effective in improving the Hb status of pregnant women with severe anemia. This study recommends the need for education from adolescence regarding nutrition and anemia prevention, as well as routine prenatal checkups for early detection of complications.*

***Keywords: severe anemia, pregnancy, iron tablets, Ambon banana, early marriage, hypoglycemia***