

ABSTRACT

Tabitha Neisya Ressiael (2025). Midwifery Care for Mrs. D, 26 Years Old, G1 P0000 Ab000, 32-33 Weeks of Gestation with Mild Anemia at Pagelaran Public Health Center. Scientific Case Study Report. Diploma III Midwifery Program, Poltekkes Kemenkes Malang. Supervisor: Hening Ryan Aryani, SST., M.Keb.

Anemia during pregnancy is once of the most common health problems in Indonesia and can increase the risk of complications in mothers, such as preeclampsia, eclampsia, preterm labor, caesarean section, to fetal death and low birth weight. This research method is a descriptive-exploratory study with a case study approach conducted on Mrs. D, a pregnant woman residing in the working area of Pagelaran Public Health Center. Data were collected through interviews, observations, examinations, and document review. The study showed that Mrs. D experienced mild anemia with a hemoglobin level of 10.2g/dl. Wich increased to 11.2 g/dl after receiving midwifery care. The main contributing factor wa noncompliance with iron tablet consumption. The care provided over a two-week period, included education on the dangers of anemia, the importance of taking iron supplements, and proper nutrition. Continuous health education and a communicative approach are necessary to improve adherence among pregnant women in preventing anemia.

Keywords: pregnancy anemia, iron supplements, pregnant women