

## **ABSTRACT**

Salwa Aurelia (2025). *Case Study of Midwifery Care for Pregnant Women with Chronic Energy Deficiency at Tri Widiyawati's TPMB, Lawang. Scientific Paper: Case Study, Diploma III Midwifery Study Program, Malang, Department of Midwifery, Health Polytechnic, Ministry of Health, Malang. Supervisor: Reni Wahyu Triningsih, S. ST., M. Kes.*

*Chronic Energy Deficiency (CHD) is a nutritional problem that often occurs in pregnant women due to inadequate nutritional intake. This condition can have serious impacts that interfere with fetal growth and increase the risk of complications in both mother and baby. This study aims to provide midwifery care for pregnant women with chronic energy deficiency. The method used is an exploratory descriptive case study method with the research subject, namely pregnant women of 19 weeks gestation with chronic energy deficiency.. The results showed an improvement in nutritional status characterized by changes in the mother's diet accompanied by physiological changes that caused an increase in body weight, although the size of LiLA remained 22 cm. This case study shows that the right nutritional approach accompanied by continuous education plays an important role in managing SEZ in pregnant women, so as to reduce the risk of complications during pregnancy and childbirth.*

**Keywords: Chronic Energy Deficiency, Nutrition, Mid-Upper Arm Circumference, Body Weight**