

ABSTRACT

Salsabila Hilya Firdausi, 2025. *Midwifery Care for Breastfeeding Mothers with Mastitis (Case Study at TPMB Titik Sunaryati, STr., Keb., Bd)*. Scientific Writing. Diploma III Midwifery Study Program, Health Polytechnic of the Ministry of Health Malang. Supervisor: Gita Kostania, S.ST., M.Kes.

Mastitis is an inflammation of the breast tissue that commonly occurs in breastfeeding mothers, especially during the first weeks of lactation. According to the Indonesian Medical Collegium (2024), there are approximately 876,665 cases of mastitis annually in Indonesia. The purpose of this case study is to provide a real-world illustration of midwifery care for breastfeeding mothers with mastitis using the SOAP approach. This study employed a descriptive case study method and was conducted at TPMB Titik Sunaryati, STr., Keb., Bd., Lawang, Malang Regency. The subjects were two breastfeeding mothers, Mrs. R and Mrs. V, who experienced mastitis on the 2nd and 3rd postpartum days. Data were collected through interviews, observations, and physical examinations using the SOAP midwifery care format. The results showed that complaints such as pain, swelling, redness, and poor milk flow could be resolved through breastfeeding education, breast care, medication, and home visits. Evaluation indicated improvement within three days without complications. The conclusion of this study is that breast care and oxytocin massage proved effective in reducing symptoms and accelerating recovery from mastitis by stimulating the release of oxytocin and improving milk flow.

Keywords : *Midwifery Care, Breastfeeding, Mastitis*