

ABSTRACT

Naura Yunia Rahma (2025). *Case Study of Midwifery Care for Mrs. S. G1P0000AB000, 8-9 Weeks of Gestation with Grade 1 Hyperemesis Gravidarum at TPMB Yulis Aktriani, S.Tr.,Keb. Case Study Scientific Writing. Midwefery Diploma Degree, Departement of Midwefery, Health Polytechnic of the Ministry of Health, Malang. Supervisor: Ari Kusmiwiyati, SST.,M.Keb*

Background: Nausea and vomiting in pregnancy are generally caused by an increase in HCG levels during the first trimester and occur in about 90% of pregnant women. When vomiting occurs more than five times a day and leads to dehydration, it becomes pathological and is classified as hyperemesis gravidarum, which poses risks to both mother and fetus. **Objective:** This study aimed to provide antenatal care for Mrs. S with garde 1 hyperemesis gravidarum at TPMB Yulis Aktriani using Varney's seven step management approach with SOAP documentation.. **Method:** This research applied a descriptive exploratory case study method, with data collected through interviews, observation, and documentation. **Result:** Two weeks of care showed improvement, marked by decreased frequency of nausea and vomiting, better general condition, reduced anxiety, and the mother's ability to adapt. No complications or progression to moderate hyperemesis occurd. Interventions included monitoring vital signs, oral therapy, dietary education, ginger consumption, and psychological support. **Conclusion:** It can be concluded that the care was implemented according to the 7 step varney management. **Recommendation:** This report is expected to serve as input for the management of grade I hyperemesis gravidarum.

Keyword: *Pregnancy, Hyperemesis Gravidarum*