

ABSTRACT

Nadia Firnandya (2025). *Case Study of Midwifery Care During Pregnancy in a Pregnant Woman with Hyperemesis Gravidarum at RSIA Puri Bunda, Malang City*. Descriptive Case Study. Diploma III Midwifery Study Program, Department of Midwifery, Health Polytechnic of the Ministry of Health Malang. Supervisor: Afnani Toyibah, A.Per.Pen, M.Pd.

Hyperemesis gravidarum is excessive nausea and vomiting during pregnancy that can lead to dehydration, electrolyte imbalance, and weight loss. This case study aims to provide midwifery care for a first-trimester pregnant woman with first-degree hyperemesis gravidarum at RSIA Puri Bunda, Malang. The approach used is Varney's 7-step midwifery management. Data were collected through interviews, observation, physical examination, and documentation review. The patient experienced vomiting more than seven times a day, weakness, and loss of appetite. The midwifery care provided included dietary education, emotional support, and hydration monitoring. The evaluation showed gradual improvement in the patient's condition. The study concludes that midwifery care using the Varney approach is effective in managing mild hyperemesis gravidarum.

Keywords: Hyperemesis gravidarum, first trimester pregnancy, midwifery care, Varney.