

ABSTRACT

Audry Nova Amanda (2025). *Midwifery Care During the Postpartum Period for Mrs. D, 25 Years Old, P2002 Ab000 with Second-Degree Perineal Rupture at Jaya Kusuma Husada Clinic, Kepanjen, Malang Regency*. Case Study Scientific Paper. Diploma Three Program in Midwifery, Department of Midwifery, Health Polytechnic of the Ministry of Health Malang. Supervisor: Ni Wayan Dwi Rosmalawati, A.Per.Pen., M.Kes.

A second-degree perineal rupture is a tear involving the vaginal mucosa and perineal muscles during vaginal delivery. This condition is commonly found, but not all mothers receive optimal care during the postpartum period. This study aims to describe the implementation of midwifery care for postpartum mothers with second-degree perineal rupture using the 7-step Varney management approach and SOAP documentation. This research used a descriptive exploratory method with a case study approach. The case study was conducted on Mrs. D, 25 years old, P2002 Ab000, who had a spontaneous delivery at Jaya Kusuma Husada Clinic, Kepanjen, Malang Regency. The care was provided through home visits over 14 days postpartum. The results showed that perineal wound care using povidone-iodine and topical antibiotic powder (nebacetin) accelerated wound healing. The mother demonstrated understanding and adherence in maintaining personal hygiene and nutrition. Comprehensive and educational midwifery care proved to support optimal postpartum recovery and prevent further complications.

Keywords: postpartum period, perineal rupture, case study.