

## **ABSTRACT**

*A Case Study of Pregnancy with Hyperemesis Gravidarum at Inpatient Clinic “S”, Wajak, Malang Regency. Adinda Dwitania Putri (2025). Diploma III Midwifery Study Program, Department of Midwifery, Poltekkes Kemenkes Malang. Main Advisor: Asworoningrum Y., S.SiT., M.Keb.*

*Hyperemesis Gravidarum (hEG) is a pregnancy disorder characterized by excessive nausea and vomiting that can lead to dehydration and electrolyte imbalance. At the “S” Inpatient Clinic, Wajak, Malang, 14 cases were recorded out of 805 pregnant women (1.74%) in 2025, with five requiring hospitalization. This report aims to identify the causes, predisposing factors, and evaluate the management of hEG according to midwifery care standards. This study used a qualitative method approach with a descriptive case study design involving a first-trimester pregnant woman. Data were collected through interviews, observation, and documentation. The subject, Mrs. K, at 11–12 weeks of gestation, experienced nausea and vomiting more than seven times a day, weakness, and signs of mild dehydration. Midwifery care included fluid therapy, nutritional education, psychological support, monitoring of vital signs and general condition, and advice on limited bedrest. Care was provided over four days until the patient's condition improved and she was discharged. Appropriate midwifery care and family education play a crucial role in patient recovery and prevention of hEG complications.*

**Keywords:** *Ginger Candy, Hyperemesis Gravidarum, Nausea and Vomiting in Pregnancy, Nutritional Education*