

## ABSTRACT

Tia Monica Wulan Sari. 2025. Differences in Knowledge of Toddler Mothers About Complementary Foods for Breast Milk (MP-ASI) Before and After Being Given Nutrition Education with Animated Video Media at the Bendo Health Center, Magetan Regency. THESIS. Health Polytechnic, Ministry of Health, Malang. Supervisors: Hasan Aroni, Juin Hadisuyitno and Tapriadi

One of the efforts to reduce the prevalence of stunting is by reducing previous nutritional problems such as underweight. Based on data from the electronic-based national reporting system ePPBGM in the last 3 years at the Bendo Health Center, Magetan Regency, the prevalence of underweight nutritional problems in toddlers has increased by 11.6% in 2021 and 12.6% in 2022 which then increased by 13.7% in 2023. One of the factors causing this problem is the lack of knowledge of mothers regarding Complementary Foods for Breast Milk (MPASI). Efforts that can be made to increase knowledge are through nutritional education using animated video media.

The purpose of this study was to determine the differences in knowledge of mothers of toddlers about complementary foods for breast milk (MP-ASI) before and after being given nutritional education with animated video media at the Bendo Health Center, Magetan Regency.

The type of research used was quantitative research. The research design used the Pre-Experiment method with the One Group Pre-test and Post-test Design design in one group. In this design, an initial test (pre-test) was carried out before being given treatment and a final test (post-test) after treatment.

The results of the study showed that the average score of mothers' knowledge before education was 78, which is included in the good level of knowledge and after education there was an increase in the score, namely 90.1, which is included in the good level of knowledge. There is a difference between the knowledge of mothers of toddlers about MP-ASI before and after being given nutritional education with animated video media.

**Keyword : MP-ASI, Nutrition Education, Animation Videos**