

ABSTRACT

SISCA PUTRI PRAMESWARI. 2024. The Influence of Lectures, Discussions, and Demonstrations on the Filling of the Nutritional Status Monitoring Card (KMS) on the Knowledge, Attitudes, and Skills of Posyandu Cadres in Gunungsari Village, Bumiaji Subdistrict, Batu City. Scientific Writing, D3 Nutrition Study Program, Health Polytechnic of the Ministry of Health Malang, Supervisor: **Bastianus Doddy Royadi.**

Posyandu (Integrated Service Post) is one of the government's efforts to improve public health, especially for mothers and children. One of the important tasks of Posyandu cadres is to monitor the nutritional status of children through the filling of the Nutritional Status Monitoring Card (KMS). In Gunungsari Village, 53.3% of the 15 Posyandu cadres were found to have insufficient knowledge, 80% had a good attitude, and 66.7% had good skills. The aim of this study was to examine the differences in the influence of lectures, discussions, and demonstrations about the filling of the KMS on the knowledge, attitudes, and skills of Posyandu cadres in Gunungsari Village, Bumiaji Subdistrict, Batu City. This research used a Quasi-Experimental design with a One Group Pretest Posttest approach. The population was 45 cadres, with a sample of 27 cadres. The results of the study showed an increase in cadres who were given counseling in terms of knowledge, where 12% more fell into the good category; in terms of attitude, there was an 8% increase in the good category; and in terms of skills, there was a 4% increase in the good category. Based on statistical tests, there were significant differences in the knowledge, attitude, and skills of the cadres before and after the counseling (p value < 0.05). The recommendation from this study is to improve the knowledge, attitude, and skills of cadres as an effort to enhance the performance of Posyandu. Health centers are encouraged to conduct counseling activities for cadres to improve their knowledge and attitude, especially regarding the filling of the KMS. Additionally, other learning methods such as lectures, discussions, and demonstrations should be utilized in cadre refreshing activities. The use of teaching aids, such as educational videos, leaflets, or booklets, can make the learning process more effective and accessible for the cadres.

Keywords: Posyandu Cadres, Knowledge, Attitude, Skills, Counseling.