

## **ABSTRACT**

**Rafida Ulya Sa'bana, 2025** Nutritional Care for Gastroenteritis Patients in the Inpatient Room of Pujon Health Center, Malang Regency, Scientific Paper, Diploma 3 Nutrition Study Program, Nutrition Department, Health Polytechnic, Ministry of Health, Malang, **Supervisor: Dwie Soelistyorini, SST, M.Kes**

Background: in order to provide nutritional care and provide appropriate diet therapy to gastroenteritis patients in the inpatient room of Pujon Health Center, Malang Regency, to determine the implementation of nutritional care at Pujon Health Center, Malang Regency whether it is in accordance with the standards. Purpose of the study: To determine Nutritional Care for Gastroenteritis Patients in the inpatient room of Pujon Health Center, Malang Regency. Research method: the type of study is descriptive observational research. The subjects of the study were patients with a diagnosis of gastroenteritis who were treated at Pujon Health Center. Results of the study: The results of the initial nutritional assessment in the first patient were malnutrition and in patients two and three were normal nutritional status. Energy, protein, fat and carbohydrate intake were included in the deficit category. The intervention given was the provision of education related to a low-fiber diet and a guide to food exchange ingredients. Body weight increased in the first patient by 1 kilogram. In the food served at the health center is food ordered from catering, the advice given is that there needs to be assistance from a nutritionist in ordering food, especially for different diets such as diabetes mellitus diets given sugar-free, and there is a re-check on food before being given to patients with different diseases to reduce the risk of errors that can lead to complications. Conclusion: there is an increase in patient food intake by being given a low-fiber diet.

**Keywords:** Gastroenteritis, Nutrition intervention, Implementation of nutrition monitoring.