

ABSTRACT

Rizqi Nahdiyah Azzahrah (2025). *Case Study on a Stunted Toddler “A” Aged 41 Months at the Independent Midwifery Practice (TPMB) of Anis Sulistyorini, S.ST., Tunjungtirto, Singosari District, Malang Regency. Descriptive Case Study Report. Diploma III Midwifery Study Program, Poltekkes Kemenkes Malang. Supervisor: Sri Rahayu, S.Kep.Ns., Dpl.Mid., M.Kes.*

Stunting is a chronic growth disorder caused by prolonged nutritional deficiencies and recurrent infections, which significantly impact a child's growth and development. Indonesia remains among the countries with a high prevalence of stunting, including in Malang Regency. This case study aims to provide comprehensive midwifery care for a stunted toddler using the midwifery management approach. The subject was “A”, a 41-month-old toddler categorized as “stunted” based on height-for-age (TB/U) with a Z-score below -2 SD. The study was conducted at the Independent Midwifery Practice (TPMB) of Anis Sulistyorini, S.ST., in Tunjungtirto, Singosari, Malang Regency, from February to April 2025. Data collection included interviews, observations, anthropometric measurements, developmental screening (KPSP), and documentation review. Findings identified key contributing factors such as poor appetite, history of delayed immunization, and inadequate balanced nutrition. Interventions included nutritional counseling, regular monitoring of growth and development, and provision of supplementary feeding. The evaluation showed improved maternal knowledge about nutrition and parenting, as well as better eating behavior in the child. This study highlights the importance of integrated midwifery care in the prevention and management of stunting.

Keywords: *Child Nutrition, Growth, Midwifery Care, Stunting, Toddler*