

## ABSTRACT

Puput Dwi Rahayuningsih (2025). Midwifery Care for NY.R G<sub>1</sub>P<sub>0000</sub>Ab<sub>000</sub> UK 16 weeks with Psychological Changes in the Working Area of the Ngajum Community Health Center. Scientific Paper Case Study. DIII Midwifery Study Program Malang, Department of Midwifery, Health Polytechnic, Ministry of Health Malang. Supervisor : Ratih Kusuma W, S.ST., M.Keb

Pregnant women experience changes both physically and psychologically. Pregnant women are very happy after finding out that they are pregnant, but there are also pregnant women who are confused, easily sad, and cry easily during their pregnancy. If this condition is not addressed, it can result in depression in the mother and premature birth in the baby. This paper was written to support the emotional and mental well-being of mothers during pregnancy. This paper uses a descriptive design with qualitative research methods, namely interviews, observations, physical examinations. The results of care through the DASS questionnaire at the first visit with anxiety results of 14 points in the moderate category, the second visit with anxiety results of 19 points in the severe category, the third visit with anxiety results of 13 points in the moderate category. In this case, Mrs. R is 22 years old, G<sub>1</sub>P<sub>0000</sub>Ab<sub>000</sub> UK 16 weeks with moderate anxiety category. Assistance and support from family and health workers in maintaining the emotional stability of the mother is very necessary, because the mental health of pregnant women affects the health of the mother and fetus.

**Keywords: DASS, Anxiety, Psychological**