

ABSTRAC

Indah Agustin (2025). *Final Project Report on Pregnancy with Anemia at TPMB Sumidjah, S.Keb., Bdn. A Case Study Scientific Paper, Diploma III Midwifery Study Program, Department of Midwifery, Health Polytechnic of the Ministry of Health Malang. Advisor: Asworingrum Y, S.Si.T., M.Keb.*

Anemia during pregnancy is one of the most common nutritional problems and poses a risk to the health of both the mother and the fetus. According to data from TPMB Sumidjah, S.Keb., Bdn, from January to May 16, 2025, there were 64 pregnant women who had their hemoglobin levels checked, and 37 of them were diagnosed with anemia. Iron deficiency is the primary cause of anemia, which impacts the health of both the mother and the fetus. This case study aims to describe midwifery care for pregnant women with anemia at TPMB Sumidjah, S.Keb., Bdn Blimbing-Kota Malang. This study used a descriptive research method with a case study approach. The research subject was a pregnant woman, G1P0000Ab000, at 14–15 weeks of pregnancy with a hemoglobin level of 10.2 g/dL on June 24, 2025, and 14.0 g/dL on July 6, 2025. Data collection was conducted through interviews, physical examinations, and document reviews. The study was conducted over two weeks in June–July 2025 with four visits. The results showed that nutrition education, iron supplement administration, and monitoring of the mother's compliance in consuming nutritious foods and iron supplements were effective. After the intervention, there was an increase in hemoglobin levels and improvement in anemia symptoms. This study highlights the importance of midwives' role in education and routine monitoring of pregnant women with mild anemia to improve hemoglobin levels in pregnant women.

Keywords: Anemia, Pregnant Women, Midwifery Care, Nutrition