

**STUDY OF FEEDING HABITS AND FEEDING INTAKE IN
UNDERNOURISHED TODDLERS AGED 2-5 YEARS IN GENENGAN,
PUSKESMAS PAKISAJI KABUPATEN MALANG**

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ABSTRACT

Background : *Feeding habits based on food portions, variations in feeding types and frequency can affect growth and development in toddlers. Lack of nutrient intake can also cause several nutritional problems, one of which is undernutrition.*

Objectives: *This study aims to analyze feeding habits and feeding intake in undernourished toddlers aged 24-59 months in Genengan Village.*

Methods: *This type of research is qualitative research with a descriptive method. The research was carried out in Genengan Village, Malang Regency. The research subjects were 2 toddlers aged 24-59 months. Data collection was carried out by interviews and using the recall 24H method for three days*

Result: *Based on the data that has been analyzed, toddlers who are malnourished have inappropriate feeding habits and have a level of nutrient consumption classified as a severe deficit.*

Conclusions: *Toddlers with poor nutritional status have inappropriate feeding habits such as less than recommended food portions, less diverse food variations, and meal times that are not according to the schedule and the level of nutrient consumption that is classified as a severe deficit*

Keywords : *Undernourished toddlers, feeding habits, nutrient intake*