THE RELATIONSHIP BETWEEN SOCIAL SUPPORT FROM THE FAMILY AND SPIRITUAL WELL-BEING AMONG PATIENTS WITH CHRONIC KIDNEY DISEASE UNDERGOING HEMODIALYSIS AT KARSA HUSADA REGIONAL GENERAL HOSPITAL BATU

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ABSTRACT

Chronic kidney disease is a chronic condition that requires regular, long-term hemodialysis treatment, which can affect patients' physical, psychological, social, and spiritual well-being. Social support from the family is one source of external support that can help patients cope with their condition and adapt to undergoing hemodialysis. Addressing spiritual needs is an important consideration in providing holistic nursing care. This study aimed to determine the relationship between social support from the family and the spiritual well-being of patients with chronic kidney disease undergoing hemodialysis at Karsa Husada Batu Regional General Hospital. This study used a quantitative method with a descriptive correlational design and a cross-sectional approach. The study sample consisted of 85 patients selected using purposive sampling. Social support from the family was measured using the Perceived Social Support from Family (PSS-Fa) instrument, while spiritual well-being was measured using the Functional Assessment of Chronic Illness Therapy–Spiritual Well-Being (FACIT-Sp-12) instrument. Data were analyzed using the Spearman rank correlation test. The results showed that 66 respondents (77.6%) had high levels of social support from their families, while 50 respondents (58.8%) had moderate levels of spiritual well-being. The Spearman rank correlation test revealed a strong, positive, and statistically significant relationship, with a correlation coefficient of $r_s = 0.601$ and $p < 0.001$. These findings indicate that social support from the family should be considered in providing holistic nursing care to patients with chronic kidney disease undergoing hemodialysis.

Keywords: Social Support from the Family, Spiritual Well-Being, Chronic Kidney Disease, Hemodialysis, PSS-Fa, FACIT-Sp-12.