## ABSTRACT

**Setya Wahyu Rehana, 2023**. The Effect of Nutritional Counseling (Media Leaflet and Plate) on Mother's Knowledge and Attitude in Giving Complementary Food for Toddler Age 12 – 23 Months in Cucak Hijau Posyandu, Mergosono Village, Kedungkandang, Malang. Supervisor Tapriadi, I Dewa Nyoman Supariasa, and Juin Hadisuyitno.

**Introduction**: Mergosono Village, Kedungkandang District, Malang City in 2022 was one of the 10 districts in Malang City with the highest stunting rate. Stunting can be caused by inadequate child intake and infectious diseases. Inadequate child intake can be influenced by the mother's inappropriate knowledge and attitude in feeding. One of the efforts that can be made to prevent the increase in nutritional problems is to increase the knowledge and attitudes of mothers about giving complementary foods to children under 12 – 23 Months of age through nutrition counseling using leaflets and plates as well as real food. **Method**: This type of research is a pre-experimental study with a one group pretest posttest design. Using Wilcoxon test for knowledge variable and paired sample t-test for attitude variable. **Results**: There was an increase in knowledge and attitudes before and after nutrition counseling for mothers under two years old in giving complementary foods with a value of p = 0.000. **Conclusion**: Nutrition counseling using leaflets and plates as well as real food can increase the mother's knowledge and attitude in giving MPASI to toddlers 12 – 23 Months. Further research is needed regarding the skills of mothers in giving complementary foods using insulating plates and leaflets to toddlers.



**Keywords**: MPASI, Mother’s Toddler, Knowledge Level, Attitude, Counseling, Leaflets, Plates.