BIBLIOGRAPHY

Amalia Rizky Artama, FR (2023). Benefits of Tens, Quadriceps Strengthening Exercise, and Static Cycle on Reducing Pain and Improving Functional Ability in Patients with Right Knee Osteoarthritis (Case Report). 2(8), 3181–3186.

Amanati, S., & Wibisono, I. (2022). Factor Analysis for Improving the Quality of Life of Elderly with Knee Osteoarthritis: Literature Review. 1–5.

Andi, H. (2024). Fakumi medical journal. 04(01).

Apriyanto, R., Abdullah, A., Putri Kasimbara, R., & Dio Fau, Y. (2022). The Effect of Isometric Exercise on Functional Improvement in Elderly Patients with Genu Osteoarthritis at the Medical Rehabilitation Installation of Gotong Royong Hospital, Surabaya. Muhammadiyah Nursing Journal, 7(1), 174–179.

Daffa Amrullah, SA (2024). Physiotherapy Management of Grade 3 Bilateral Genu Osteoarthritis Using Transcutaneous Electrical Nerve Stimulation (TENS) and Exercise Therapy. 8(3), 634–642.

Fahmi, FY, Fatikhah, F., & Warsono, W. (2022). Reduction of pain in patients with knee osteoarthritis by using hip abductor strengthening exercise. 18. https://doi.org/10.26714/mki.5.1.2022.33-42

Februari, N., Wahyuni, SD, Kep, S., & Kep, M. (2019). INDONESIAN JOURNAL OF COMMUNITY (Community Nursing Journal) Family Health Tasks in Handling Health Cases. 4(1), 2019.

Gina Fazrina, Dindin Hardi Gunawan, Teki Mahasih, Adijanto, Jaenudin, EWS (2023). Differences In The Effect Between Balance Training And Strengthening Exercises On Pain And Functional Ability In Patients With Genu Osteoarthritis. 832, 203–209.

Hanif, MHH (2023). The Relationship Between Body Mass Index and Height Scores of the Western Ontario and Mcmaster University Osteoarthritis Index in Knee

Osteoarthritis Patients at Dr. Ramelan Hospital, Surabaya. Surabaya Biomedical Journal, 2(3), 140-149.

Kristian, Y., Candra, A., Sutejo, MN, Kurniawan, MD, & Addini, AF (2024). The Effect of a Combination of Transcutaneous Electrical Nerve Stimulation (TENS), Hamstring Stretching, and Quadriceps Setting on Reducing Pain in Cases of Genitourinary Osteoarthritis. 3(2), 35–41.

Pratama, AD (2019). Physiotherapy Intervention in Genu Osteoarthritis Cases at Gatot Soebroto Hospital. Journal of Applied Social Humanities, 1(2), 21–34.

PPNI. (2016). Indonesian Nursing Diagnosis Standards: Definitions and Diagnostic Indicators, 1st Edition. Jakarta: DPP PPNI.

PPNI. (2018). Indonesian Nursing Intervention Standards: Definitions and Nursing Actions, 1st Edition. Jakarta: DPP PPNI.

PPNI. (2019). Indonesian Nursing Outcome Standards

Rahmawati, Sugiono, NPNH (2023). National Journal of Physiotherapy *(JOURNAFISIO) The Effect of Quadriceps Strengthening Exercise*. 1(1), 9–18.

Ramadia, A., Fadhli, R., Astuti, VW, Novera, M., Khairani, AI, Nofrel, V., ... & Siregar, YH (2023). The Concept of Family Nursing Care. Tahta Media Publisher.

Rahmi, R. (2018). Factors Associated with Abortion Incidents. Journal of Health Media, 6(2), 169–179. https://doi.org/10.33088/jmk.v6i2.209

Sekarini, A. (2020). Factors Associated with the Level of Knowledge of General Practitioners in Malang Regarding Osteoarthritis (Vol. 2507, Issue February).

Yohanes Deo Fau, Byba Melda Suhita, Prima Dewi Kumalasari, N. (2022). DOI: http://dx.doi.org/10.33846/sf13432 The Effect of Combination of Educational Therapy and. 13(3), 1063–1065.