A SURVEY OF TEENAGERS' KNOWLEDGE ABOUT THE DANGERS OF CIGARETTES AT SMPN 3 TRENGGALEK

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ABSTRACT

Background *: Smoking is one of the risk factors for various chronic diseases, and smoking behavior is still commonly found among adolescents. A lack of adolescents' knowledge about the dangers of smoking may increase the risk of smoking behavior.* ***Objective :*** *To describe adolescents' knowledge regarding the dangers of smoking at SMPN 3 Trenggalek.* ***Methods:*** *This study used a quantitative descriptive design. The population consisted of all students of SMPN 3 Trenggalek totaling 808 students. The sample included 89 respondents selected using simple random sampling technique. The research instrument was a questionnaire consisting of 24 true-or-false questions. Data were analyzed using univariate analysis and presented in the form of frequency distribution and percentages.* ***Results:*** *The results showed that based on age, nearly half of the respondents, 37 (41.6%), were 14 years old. Based on grade level, nearly half, 29 (33%), were in the 9th grade. Based on gender, the majority of respondents, 45 (51%), were female. Based on smoking activity, most respondents, 56 (63%), were passive smokers. Adolescents' knowledge regarding the dangers of smoking was categorized as good in almost all respondents, with 83 respondents (93%).* ***Conclusion:*** *Almost all students at SMPN 3 Trenggalek had good knowledge regarding the dangers of smoking.*

Keywords: *knowledge, adolescents, dangers of smoking*