Nursing Care for a Client with Ischemic Stroke in the Flamboyan Ward, dr. Soedomo Regional General Hospital, Trenggalek
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ABSTRACT

Background: *Ischemic stroke is a neurological dysfunction caused by impaired blood flow to the brain that occurs suddenly and may result in various nursing problems. This condition requires comprehensive nursing care to prevent complications and improve the patient's health status.* ***Objective:*** *This study aimed to implement nursing care for patients with ischemic stroke, including assessment, nursing diagnosis, intervention, implementation, evaluation, and analysis of the gap between theory and clinical facts.* ***Methods:*** *This study used a qualitative descriptive design with a case study approach involving one patient with ischemic stroke who met the inclusion criteria. Data were collected through interviews, observation, physical examination, documentation, and medical record review.* ***Results:*** *Two main nursing diagnoses were identified, namely risk for ineffective cerebral tissue perfusion related to hypertension and impaired physical mobility related to decreased motor function. Nursing implementation included monitoring neurological status, controlling blood pressure, gradual mobilization, range of motion exercises, and family education. After nursing interventions were carried out, there was an improvement in mobility, hemodynamic stability, and no complications were found during treatment. Gaps between theory and clinical facts were identified in sleep-rest patterns, eating and drinking patterns, self-esteem, role and relationship patterns, coping mechanisms, cognitive patterns and sensory perception, physical examination, and neurological examination.* ***Conclusion:*** *The implementation of systematic and continuous nursing care can help overcome nursing problems and improve the health condition of patients with ischemic stroke. Nurses are expected to apply nursing care according to standards to optimize patient recovery, while educational institutions are expected to use the results of this study as a reference for the development of medical-surgical nursing care.*

Keywords: *nursing care, ischemic stroke, cerebral perfusion, physical mobility, case study.*