TINGKAT PENGETAHUAN TENTANG KESEHATAN REPRODUKSI SEBAGAI UPAYA PENCEGAHAN HIV/AIDS PADA REMAJA DI SMPN 1 WATULIMO

Evada Mazida Azzizi
Program Studi D3 Keperawatan Kampus Kab. Trenggalek, Jl. Dr. Soetomo No.5 Trenggalek
Email : evadamazidaazzizi@gmail.com

ABSTRACT

Background: Reproductive health is a state of physical, mental, and social well being related to the reproductive system, functions, and processes. Low levels of knowledge among adolescents regarding reproductive health have the potential to increase the risk of risky behaviors and the transmission of sexually transmitted infections, including HIV/AIDS. **Research Objective**: This study aims to determine the level of knowledge in the domains of knowing (1), understanding (C2), and application (C3) among adolescents regarding reproductive health at SMPN 1 Watulimo. **Research Method**: This study employed a quantitative descriptive design. The research was conducted on March 5, 2026, at SMPN 1 Watulimo. The study population consisted of all 242 ninth-grade students, with a sample of 72 respondents selected using consecutive sampling. Data were collected using a questionnaire and analyzed using univariate analysis in the form of frequency distributions and percentages. **Research findings**: The research findings indicate that the majority of respondents were female (63%), aged 15 years (75%), and the majority had previously received information about reproductive health (88%), with electronic and print media serving as the primary source of information (43%). Regarding adolescents' knowledge levels in the "knowing" domain (C1), nearly all respondents demonstrated a good level of knowledge, totaling 63 respondents (88%). In the "understanding" domain (C2), some respondents demonstrated a sufficient level of knowledge, totaling 45 respondents (63%). Meanwhile, in the "application" domain (C3), nearly all respondents demonstrated a good level of knowledge, totaling 65 respondents (90%). **Conclusion**: 51 out of 72 respondents at SMPN 1 Watulimo demonstrated a good level of knowledge in the domains of knowledge, understanding, and application regarding reproductive health.

Keywords : knowledge, reproductive health, adolescents, HIV/AIDS, prevention.