

**NURSING CARE FPR PATIENTS WITH DIABETES MELLITUS IN
RAFLESIA WAED at RSUD dr>SOEDOMO
TRENGGALEK**

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ABSTRACT

Background: Diabetes Mellitus (DM) is a chronic metabolic disease characterized by increased blood glucose levels due to impaired insulin secretion and insulin resistance. This disease is a health problem whose prevalence continues to increase in Indonesia and can cause serious complications, such as neuropathy, infection, impaired skin integrity, and even amputation. Appropriate nursing care is needed to help control the patient's condition, improve quality of life, and prevent further complications. **Objectives:** The objective of this study is to provide nursing care and analyze the relationship between clinical findings and theory regarding a client with Diabetes Mellitus at Dr. Soedomo Regional General Hospital (RSUD), Trenggalek. **Methods:** This study employs a descriptive-qualitative method with a case study approach. Data collection was conducted through interviews, observations, physical examinations, medical documentation, and a literature review. The nursing care process involved the stages of assessment, nursing diagnosis formulation, intervention, implementation, and evaluation for patients with Diabetes Mellitus. **Results:** The implementation of comprehensive and continuous nursing care can help control the condition of patients with Diabetes Mellitus and reduce the risk of complications. Research findings reveal discrepancies between theory and actual observations regarding general condition, family medical history, nutritional patterns, and abdominal examination. **Conclusion:** After going through a three-day evaluation process using the SOAP method, it can be concluded that patients with Diabetes Mellitus comprehensive and continuous nursing care can help improve the health condition of Diabetes Mellitus patients and prevent complications. The role of nurses is very important in providing education and assistance to patients and families.

Key words: Diabetes Mellitus, nursing care, complications, hyperglycemia.