

NURSING CARE FOR CLIENTS WITH APPENDICITIS AT
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ABSTRACT

Background: Appendicitis is an inflammation of the appendix due to infection that requires prompt treatment to avoid serious complications such as perforation, peritonitis, and even the risk of death. **Objective:** This study aims to provide comprehensive nursing care for patients with appendicitis while analyzing potential gaps between theory and practice in the field. **Methods:** Using a qualitative descriptive design with a case study approach, this research seeks to solve client health problems through data collection methods including interviews, physical examinations, and documentation studies. **Results:** The results of the study revealed several gaps, particularly in the aspects of sleep patterns, extremity area examinations, and the determination of nursing diagnoses. In the pre-operative phase, the diagnoses that emerged were dominated by acute pain due to physiological injuring agents and anxiety rooted in concerns about procedural failure. Meanwhile, in the post-operative stage, nursing problems that arose included acute pain, risk of infection due to invasive procedures, impaired skin integrity, and anxiety due to a lack of information. All interventions were carried out according to existing theories, but their implementation was adjusted to the dynamics of the client's condition in the field. **Conclusion:** After going through a three-day evaluation process using the SOAP method, it can be concluded that although appendicitis patients only require a short hospital stay, they still require continuous intensive care once they return home.

Keywords: Nursing Care, Appendicitis, Client.