

NURSING CARE FOR STROKE PATIENT IN THE STROKE UNIT OF RSUD DR. SOEDOMO TRENGGALEK

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ABSTRACT

Nursing care is a systematic process aimed at meeting clients' needs holistically and enhancing patients' independence, including in cases of stroke. Stroke, or Cerebrovascular Accident (CVA), is a neurological disorder caused by an obstruction in blood flow to the brain, which can lead to disability or even death. The high incidence of stroke and the increasing number of cases at Dr. Soedomo Trenggalek General Hospital highlight the importance of implementing evidence-based nursing care to improve the quality of service. This study aims to implement and analyze nursing care for stroke patients in the Stroke Unit at dr. Soedomo General Hospital in Trenggalek, encompassing assessment, diagnosis, planning, implementation, evaluation, and analysis of the gap between theory and practice. The study employed a qualitative descriptive design with a case study approach focused on patients with ischemic stroke. Participants were selected based on the following criteria: cooperative, willing to participate, mentally competent, free from complications, and undergoing treatment for at least three days. Data collection was conducted through nursing assessments, physical examinations, and documentation using nursing care plans. The study results revealed a gap between theory and practice regarding family medical history, role and relationship patterns, sensory-cognitive patterns, physical examinations, and cranial nerve examinations. The nursing diagnoses identified were Risk of Ineffective Cerebral Perfusion and Impaired Physical Mobility. Nursing interventions and implementation were carried out in accordance with standards and the patient's condition. A four-day evaluation showed that the nursing issues were partially resolved, with an improvement in the patient's health condition. Recovery for stroke patients requires intensive and continuous care to achieve optimal outcomes.

Keywords: nursing care, stroke, ischemic stroke, patient, case study.