

ABSTRACT

Nursing Care For Children Aged 1-5 Years With Gastroenteritis In The Dahlia Ward Of RSUD dr. Soedomo Trenggalek

THALITA SALMA AVILLA*, Dewi Wulandari, Elok Yulidaningsih

Nursing Study Program, Health Polytechnic of the Ministry of Health Malang, Campus V Trenggalek Regency, Jl. dr. Sutomo No. 5, Trenggalek.

Email : thltslm@gmail.com

Background: *Gastroenteritis is a disease characterized by diarrhea occurring more than four times a day with watery consistency and vomiting. This disease is a major health problem in toddlers, which can lead to severe dehydration and death if not managed with comprehensive nursing care.* **Research Objective:** *This study aims to provide nursing care for children aged 1-5 years with gastroenteritis in the Dahlia Ward of RSUD dr. Soedomo Trenggalek and to analyze the gap between theory and reality in the field.* **Methods:** *This study used a descriptive qualitative design with a case study approach. Data collection was conducted through interviews, observation, physical examination, and documentation studies. The main focus of nursing care included assessment, diagnosis determination, intervention planning, implementation, and evaluation of actions.* **Results:** *The results showed both alignment and gaps between theory and practice. Gaps were identified in past medical history, family history, prenatal/natal/postnatal history, growth and development history, and elimination patterns. The researcher formulated 4 nursing diagnoses: hypovolemia related to active fluid loss, diarrhea related to infectious processes, hyperthermia related to disease processes, and impaired skin integrity related to fluid volume deficit. Interventions were compiled based on literature and executed according to standard operating procedures. Evaluation was carried out for 3 days, with all issues resolved for each diagnosis.* **Conclusion:** *Based on the results, it can be concluded that clients with gastroenteritis require intensive and continuous nursing care. Therefore, appropriate nursing care must be provided to accelerate the recovery process and prevent further complications.*

Keywords: *Nursing Care, Children, Gastroenteritis*