

Nursing Care for Clients With Post-Op Appendicitis In The Seruni Ward Of
RSUD dr. Soedomo Trenggalek

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ABSTRACT

Background : *Nursing care is a health service process that includes assessment, determining diagnosis, planning interventions, implementing and evaluating. Appendicitis is defined as inflammation of the appendix that occurs due to blockage of the appendiceal lumen and can lead to acute inflammation, requiring immediate surgical intervention to prevent complications such as perforation and peritonitis.* **Research Objective:** *This study aims to provide nursing care to clients with post-op appendectomy in the Seruni ward of Dr. Soedomo Regional Hospital, Trenggalek.* **Research Method :** *Using a qualitative descriptive design with a case study approach with a total of 1 respondent. Data collection was conducted through interviews, physical examinations, and documentation studies. The main focus of nursing care included assessment, diagnosis, intervention planning, implementation, and evaluation of outcome.* **Research Results :** *The research identified three nursing issues: acute pain, risk of infection, and anxiety. The analysis revealed gaps between facts and theory regarding the client's identity, chief complaint, rest/sleep patterns, vital signs, and extremity status. Implementation was carried out according to the client's condition and the nursing intervention plan. The evaluation was conducted for one day. Progress notes were recorded the following day until the client was discharged from the hospital.*

Conclusion : *After a four-day evaluation process using the SOAP method, client with post-operative appendectomy only requires a short hospitalization period, but still requires ongoing intensive care at home.*

Keywords : *Nursing care, client, post-operative, appendectomy*