

**NURSING CARE FOR PATIENS WITH DIABETES MELLITUS IN
RAFLESIA WAED at RSUD dr. SOEDOMO
TRENGGALEK**

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ABSTRACT

Background: *Diabetes Mellitus is a chronic disease that commonly occurs in the community and can cause various serious complications if not properly controlled due to impaired insulin production or function, leading to increased blood glucose levels. Therefore, comprehensive nursing care is needed to help control blood glucose levels and prevent complications.* **Objective:** *This study aims to provide comprehensive nursing care and to analyze the gap between theory and practice in patients with Diabetes Mellitus in Raflesia Ward, RSUD dr. Soedomo Trenggalek.* **Methods:** *This study used a qualitative descriptive method with a case study approach on one patient. Data were collected through interviews, observation, physical examination, and documentation.* **Results:** *The results showed gaps between theory and practice, including family medical history, abdominal examination, extremity examination, nursing diagnosis determination, and assessment of the patient's general condition. Not all theoretical data and findings were found in the case, so nursing care was adjusted to the patient's condition.* **Conclusion:** *In patients with Diabetes Mellitus, nursing care is carried out comprehensively through the stages of assessment, nursing diagnosis, intervention, implementation, and evaluation according to the patient's condition. Nursing actions include monitoring blood glucose levels, providing education on diet, and preventing complications. Although there are some gaps between theory and practice, nursing care can still be implemented optimally according to patient needs so that the patient's condition can be better controlled.*

Keywords: *diabetes mellitus, nursing care, blood glucose level.*