

NURSING CARE FOR PATIENTS WITH PULMONARY TUBERCULOSIS IN ANGGREK WARD, RSUD dr. SOEDOMO TRENGGALEK

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ABSTRACT

Background : Pulmonary tuberculosis is a contagious infectious disease caused by *Mycobacterium tuberculosis*, constituting a major global health problem. Indonesia ranks third worldwide in TB burden. In Trenggalek Regency, cases have risen to 325 in the first half of 2025. Comprehensive nursing care plays a vital role in improving patient quality of life, preventing complications, and interrupting transmission. **Objective :** To describe nursing care for patients with pulmonary tuberculosis in the Anggrek Ward at RSUD dr. Soedomo Trenggalek. **Methods :** This study employed a descriptive qualitative design with a single case study approach. The subject was one adult patient diagnosed with pulmonary tuberculosis hospitalized for a minimum of three days. Data were collected through interviews, physical examinations, observation, and medical record documentation. **Results :** Assessment revealed chief complaints of shortness of breath and productive cough. Discrepancies were found between theory and clinical findings in presenting complaints and nursing diagnoses. Two priority nursing diagnoses were established: ineffective breathing pattern related to shortness of breath and ineffective airway clearance related to airway hypersecretion. Interventions were formulated according to established theory, implementation was adjusted to the client's condition, and evaluation conducted over three to four days using the SOAP method showed progressive improvement. **Conclusion:** In patients with pulmonary tuberculosis, management must be carried out comprehensively through the stages of assessment, diagnosis, intervention, implementation, and evaluation. Through appropriate nursing care—such as monitoring respiratory status, educating patients about medication adherence, and preventing transmission—the patient's condition is expected to improve and complications can be prevented.

Keywords: Nursing Care, Pulmonary Tuberculosis, Patient