

**NURSING CARE FOR PATIENS WITH DIABETES MELLITUS IN
RAFLESIA WAED at RSUD dr. SOEDOMO
TRENGGALEK**

NUR MUHAMMAD FAJRUL IHSAN

D3 Nursing Study Program, Poltekkes Kemenkes Malang, Trenggalek
Regency Campus

Email : leksanmohammad76@gmail.com

ABSTRACT

Background : *Diabetes Mellitus is a chronic illness characterized by increased blood sugar levels due to impaired insulin secretion or function. Insufficient knowledge and non-compliance with treatment management can exacerbate the patient's condition and lead to complications, necessitating comprehensive nursing care.***Objective:** *Able to implement comprehensive nursing care, as well as analyze the discrepancy between theoretical concepts and clinical findings in clients with Diabetes Mellitus in the Raflesia Ward of dr. Soedomo General Hospital, Trenggalek.***Methods:** *A descriptive qualitative method with a case study approach on one patient was employed, with data gathered through interviews, observation, physical examination, and documentation.***Results :** *The study's findings reveal a gap between theoretical concepts and the clinical case, which includes family health history, personal hygiene, general condition, integumentary assessment, abdominal examination, determination of nursing diagnoses, and general patient evaluation. As not all elements from the literature were found in the actual case, nursing care was adjusted accordingly to meet the patient's current condition.***Conclusion :** *Comprehensive nursing care for Diabetes Mellitus patients is delivered through assessment, diagnosis, planning, implementation, and evaluation based on the patient's individual condition. The provided nursing actions encompass blood glucose monitoring and patient education regarding dietary habits. Despite some gaps between theoretical guidelines and the actual case during assessment and diagnosis, nursing care remains optimally executed to meet the patient's needs, thereby ensuring the condition is more effectively controlled.*

Keywords : *Nursing care, Diabetes Mellitus, patient*