

NURSING CARE PATIENTS WITH PULMONARY TUBERCULOSIS IN THE ANGGREK ROOM OF RSUD DR. SOEDOMO TRENGGALEK

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ABSTRACT

Background: Pulmonary tuberculosis is a contagious infectious disease that remains a major global health problem with a high incidence rate. Respiratory disorders experienced by patients can reduce their ability to meet basic needs, thus requiring comprehensive, systematic, and continuous nursing care. **Objective:** To implement and analyze nursing care for a patient with pulmonary tuberculosis in the Anggrek Ward of RSUD dr. Soedomo Trenggalek. **Methods:** This study used a case study design involving one patient, applying the nursing process approach, including assessment, nursing diagnosis, planning, implementation, and evaluation. Data were collected through interviews, observations, physical examinations, and documentation over five days of hospitalization. **Results:** The main nursing diagnoses identified were ineffective airway clearance and an ineffective breathing pattern. Following the implementation of nursing interventions, the patient's condition improved, as indicated by reduced dyspnea, decreased sputum production, and more effective breathing patterns. In addition, discrepancies between theory and clinical findings were identified, including the absence of a previous medical history and a family history of tuberculosis, no decrease in appetite, normal findings on eye examination, and the absence of several typical clinical manifestations of pulmonary tuberculosis. Discrepancies were also observed in nursing diagnoses and interventions, as not all theoretical diagnoses were present and fewer interventions were implemented due to adjustments based on the patient's condition. **Conclusion:** The implementation of systematic and continuous nursing care is effective in improving the respiratory condition of patients with pulmonary tuberculosis. Nurses play a crucial role in supporting patient recovery through appropriate and patient-centered interventions.

Keywords: Nursing Care, Patient, Pulmonary Tuberculosis