

*NURSING CARE FOR CLIENTS WITH APPENDICITIS AT
SERUNI WARD RSUD dr. SOEDOMO TRENGGALEK*

JOLANG YUDO PAMUNGKAS

*Nursing Diploma III Program, Health Polytechnic of Ministry of Health Malang
Campus V Trenggalek Regency, Jl. DR. Sutomo No. 5 Trenggalek*

Email: jolangpamungkas15@gmail.com

ABSTRACT

Appendicitis is an inflammation of the appendix caused by an infection that requires prompt treatment to prevent serious complications, such as perforation, peritonitis, and the risk of mortality. This study aims to provide comprehensive nursing care for patients with appendicitis while analyzing potential gaps between theoretical frameworks and field practices. Utilizing a descriptive qualitative design with a case study approach, this research addresses the client's health issues through data collection methods including interviews, physical examinations, and documentation studies. The results of the study revealed several discrepancies, particularly regarding sleep patterns, extremity examinations, and the establishment of nursing diagnoses. In the pre-operative phase, the emerging nursing problems were acute pain related to physiological injury agents and anxiety related to concerns over surgical failure. Furthermore, in the post-operative stage, the identified nursing issues included acute pain and impaired skin integrity, both related to physical injury agents, as well as anxiety related to a lack of information exposure. Although all interventions were carried out according to theory, their implementation remained adjusted to Standard Operating Procedures (SOP) and the client's specific condition. Based on a three-day evaluation using the SOAP method, it can be concluded that Mrs. N's condition improved, and the expected outcome criteria were achieved by the third day. While patients with appendicitis only require a short hospitalization, the care for appendectomy wounds necessitates ongoing intensive attention after returning home.

Keywords: *Nursing Care, Appendicitis, Client.*